

YEAR 'ROUND PRODUCTS:

LIP SCRUBS:

Weather and heating/air conditioning units can wreak havoc on skin, hair and lips. Use this gentle scrub, once every week or two, followed by a nourishing lip balm, to exfoliate dry flaky lips.

- * Bubble Gum
- * Chamomile
- * Coconut
- * Key Lime
- * Mango
- * Melon
- * Mint
- * Peach
- * Pineapple
- * Pomegranate
- * Strawberry-Kiwi
- * Tangerine
- * Tropical Punch
- * Watermelon

LIP BALMS:

Lip Balms are great for moisturizing lips and protecting lips from cold air. They can also help soothe sore lips, reduce inflammation and repair sun damaged lips.

- * Lavender & Chamomile
- * Lavender & Peppermint
- * Peppermint & Spearmint

SALT & SUGAR SCRUBS:

Massage vigorously over the entire body to enhance and stimulate the glands.

- * BOHO
- * Citrus Blast
- * Coffee & Coconut
- * Coffee & Peppermint Cellulite Reduction
- * Herbal
- * Invigorating & Exfoliating
- * Lavender & Lemon
- * Luscious Lavender

BATH SALTS & TUB TEAS:

Soak away life's stresses with these all natural bath recipes designed to renew, revitalize or relax your mind, body and spirit.

- * BOHO Bath Soak
- * Citrus Blast Salts
- * Eucalyptus & Mint Tub Tea
- * Herb Garden Milk Bath
- * Lavender & Chamomile Milk Bath
- * Lavender & Lemon Thyme Salts
- * Muscle Relaxing Salts
- * Pamper Yourself Tub Tea
- * Peony Bath Salts
- * Rose Milk Bath
- * Uplifting Bath Tub Tea

FACIAL STEAMS:

Facial steams unclog pores, smell amazing and are also very relaxing.

- * Botanical
- * Calming Sensitive Skin
- * Cleansing
- * Clearing
- * Cold & Flu
- * Refreshing
- * Relaxing

HAND SANITIZERS:

Studies have shown that the risk of spreading gastrointestinal (stomach) and respiratory infection is decreased when people use hand sanitizer. It contains alcohol and other agents that are good for killing germs that can easily be transmitted.

- * Bergamot Brightening
- * Eucalyptus
- * Daily Defense
- * Grapefruit
- * Lemon
- * Lemongrass
- * Lime
- * Purely Peppermint
- * Release The Stress
- * Rose
- * Summer Synergy Blend

FOAMING HAND SOAPS:

Foaming hand soap is environmentally friendly because it conserves water. Studies have revealed that people who wash their hands with foaming hand soap use 16 percent less water to lather and rinse their hands than those who used regular liquid soap. Plus essential oils have an aromatherapeutic affect!

- * BOHO
- * Calming
- * Citrus Blast
- * Daily Defense
- * Herbal
- * Lavender
- * Lemongrass
- * Purely Peppermint
- * Purify Me
- * Release The Stress
- * Rose
- * Summer Synergy

BALMS & SALVES:

Naturally soothing balms and salves are soft, spreadable preparations for your skin and cuticles. They can be applied to help heal, soothe or improve diversified skin and health conditions.

- * Herbal Repair Salve
- * Itchy Skin Salve
- * New Tattoo Salve
- * Regenerating Rose Balm
- * Tattoo Revival Balm

LOTIONS & BUTTERS:

All natural lotions and butters are luxuriously creamy and pleasingly silky when rubbed between your fingers and over your skin. Natural preservatives provide a longer shelf life for approximately 4 weeks if unrefrigerated.

- * Aloe & Peppermint *After-Sun* Lotion
- * BOHO Hand Lotion
- * Daily Defense Hand Lotion
- * Herbal Hand Lotion
- * Lavender Hand Lotion
- * Lavender Rosehips *After-Sun* Lotion
- * Rose Hand Lotion
- * Whipped Eucalyptus & Spearmint Scrub Butter



BODY/MASSAGE OILS:

Use these oils right after the shower (while your skin is still a little moist) and send your mood to the moon and back! Practice self-massage to encourage and relieve emotional tension and to relax and soothe your body!

- * Bay Laurel Detox Massage
- * Calming Massage
- * Herbal Skin Soothing Body & Massage
- * Juniper & Lemon Shower
- * Muscle & Joint Relief
- * Sensual Massage
- * Stress Relief
- * Summer Breeze Body
- * Ylang Ylang Calming Bath

SUNSCREEN:

ATTENTION- This sunscreen is not waterproof and will need to be re-applied after sweating or swimming! The ingredients in this recipe have a natural SPF. For that reason, I do not make any claims to the combined SPF.

INSECT REPELLENTS:

Bugs are incredibly worrisome and annoying. There are a few key essential oils that help keep insects away from you during the hot summer months! These 2 repellents use these key essential oils in different ways.

- * Herbal Insect Repellent Spray
- * Bug-B-Gone Spray
- * The Smell of Summer Camp Spray

BUG BITE SPRAYS & STICKS:

Certain herbs and essential oils can help soothe the itchiness and discomfort that minor bug bites and bee stings can bring. They can also act as a very mild insect repellent. Using one, in conjunction with an insect repellent, can help discourage bites or new bites from happening.

- * Anti-Itch Remedy Spray
- * Lavender Bug Bite Stick

ROOM SPRAYS:

Aromatherapy room sprays are a great way to instantly enliven any room, refresh linens or balance your living environment in a healthy and safe way.

- * BOHO Blend
- * Bergamot Brightening Blend
- * Calming Blend
- * Citrus Blast
- * Cold & Flu Shower Tile Spray
- * Daily Defense
- * Herbal Blend
- * Lavender & Chamomile
- * Lavender & Lemon
- * Lemon & Cedar
- * Lemongrass
- * Relax & Uplift

DIFFUSER OILS:

Diffusing oil in an oil diffuser is a fantastic way to relieve stress. It can also eliminate mold, mildew and bacteria. It can ward off viral and bacterial illnesses and effectively relieve physical pain. It also can be a fantastic insect repellent!

- * BOHO
- * Citrus Blast
- * Deep Forest Synergy
- * Daily Defense
- * Herbal

- * Lavender & Lemon
- * Lemongrass
- * Purifying Synergy
- * Relax & Uplift

CANDLES:

I re-purpose used cans and jars to make my candles. Some candles are soy based and others are beeswax.

- * BOHO
- * Bamboo
- * Bergamot Brightening Blend
- * Calming Blend
- * Citrus Blast
- * Just Breathe

- * Lavender
- * Lavender Lemon
- * Lemongrass
- * Peppermint & Spearmint
- * Pear
- * Smell the Roses

COFFEE MUGS: **CHECK WEBSITE FOR DESIGNS OFFERED**

***** FOR CUSTOM DESIGNS A \$5.00 UPCHARGE WILL BE APPLIED *****

FRAMES: **CHECK WEBSITE FOR DESIGNS OFFERED**

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FABRIC MOBILES: **COMING SOON!!!**

